### Report of the Workshop for Non-Teaching Staff of St. Xavier's, College Mahuadanr on "Communication Skills and Personality Development" from 15<sup>th</sup> to 20<sup>th</sup> December 2020

The Internal Quality Assurance Cell (IQAC) organized a Six–Day workshop for the nonteaching staff of St. Xavier's College, Mahuadanr on Communication Skills and Personality Development from 15<sup>th</sup> to 20<sup>th</sup> December 2020.

Day 1: December 15, 2020 Time: 2.00-4.00 pm Topic: Introduction and Verbal Communication Resource Person: Dr. Fr. M.K. Jose

The inaugural session of the workshop, led by the esteemed resource person Dr. Fr. M. K. Jose, the Principal set the stage for an enlightening exploration of communication skills. Participants were introduced to the fundamental role of effective communication in personal and professional contexts. The focus of the day was on refining verbal communication skills, emphasizing clarity, coherence, and effective expression. Practical activities and discussions laid a solid foundation for the ensuing days of the workshop.

Day 2: December 16, 2020 Time: 2.00-4.00 pm Topic: Active Listening Skills Resource Person: Asst. Prof. Binay Kumar Yadav

Under the guidance of Asst. Prof. Binay Kumar Yadav participants delved into the art of active listening on the second day of the workshop. Understanding the pivotal role of listening in effective communication, attendees engaged in interactive exercises aimed at honing their

listening skills. The session fostered an appreciation for the nuances of attentive listening, laying a solid foundation for improved communication and interpersonal relationships.

Day 3: December 17, 2020 Time: 2.00-4.00 pm Topic: Body Language and Communication Resource Person: Dr. Pyari Kujur

Dr. Pyari Kujur led an engaging session on the impact of body language on communication. Through practical demonstrations and role-playing activities, participants explored the subtleties of non-verbal cues. The day was dedicated to helping attendees comprehend the importance of positive body language and equipping them with techniques to convey confidence and authenticity in their interactions.

Day 4: December 18, 2020 Time: 2.00-4.00 pm Topic: Assertiveness in Communication Resource Person: Asst. Prof. Binay Kumar Yadav

Asst. Prof. Binay Kumar Yadav took the reins on the fourth day, focusing on assertiveness in communication. Participants gained valuable insights into expressing their thoughts and opinions confidently. The workshop featured role-playing scenarios, allowing attendees to practice assertiveness in a controlled environment. The day's activities empowered participants to communicate assertively while maintaining professionalism and respect.

Day 5: December 19, 2020 Time: 2.00-4.00 pm Topic: Empathy in Communication Resource Person: Dr. Pyari Kujur

Led by Dr. Pyari Kujur, the workshop transitioned into the realm of empathy in communication. Participants explored the significance of understanding different perspectives and fostering positive relationships. Through activities promoting empathy, attendees honed their ability to connect on a deeper level, contributing to a more inclusive and harmonious communication environment.

Day 6: December 20, 2020 Time: 2.00-4.00 pm Topic: Conflict Resolution Resource Person: Asst. Prof. Kaslin Juliet

On the sixth day, Asst. Prof. Kaslin Juliet guided participants through the intricacies of conflict resolution. Practical tips were shared on handling conflicts and criticism, and role-playing scenarios provided a platform for applying conflict resolution strategies. Attendees left the session equipped with valuable skills for navigating and resolving conflicts in diverse settings.

The workshop, spanning diverse topics, proved to be a comprehensive journey in communication skills and personality development. Each day brought new insights, practical exercises, and opportunities for participants to refine their abilities. The guidance of the resource persons, combined with interactive sessions, ensured a well-rounded learning experience, setting the stage for continued personal and professional growth.

#### **Brochure of the event:**



#### **Photo:**









### ST. XAVIER'S COLLEGE MAHUADANR

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Estd: 2011. Affiliated to Nilamber-Pitamber University, Medininagar NPU/R/953/11 P.O- Mahuadanr, Dist. Latehar, Jharkhand 822119

Accredited with 'B' Grade by NAAC AISHE-C-42763 ISO-9001:2015

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Name of the Program:	Communication	Skill	and Personality		
Development					
Date:- 15.12.202	0 to 20.12.2020	Academic Y	/ear:-2020-2021		

S. No.	Name	Signature
1	Saroj Minj	Saraj minj
2	Prema Xalxo	Prema Xodao
3	Neelam Tirkey	Neelan Guleey
4	Ravindra Minj	Ravindra Milmi
5	Binod Xalxo	Binod Xabco
6	Aruna Kujur	Ami
7	Dipika Kujur	Dujus
8	Suchit Paul Kujur	Suchit & promy Ashan acapter Kusiva
9	Ashok Deepak Kujur	Ashab Qeaplek Kusiyo
10	Marianus Kujur	Manianus Kof
11	Praveen Minj	44
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16	Dilip Baxla	THE IS
17	Santosh Kujur	रनतोव छन्दर
18	Anora Lakra	Anora Lakra
19	Sunita Nagesia	Sunite Mageria
20	Christina Toppo	Egypo



Principal St.Xavier's College Mahuadanr

# St. Xavier's College, Mahuadanr

Affiliated to Nilamber-Pitamber University Accredited by NAAC, Recognized by UGC

**Staff Development Program** 

### Certificate

This is to certify that Prof./Dr./Mr./Ms.

Dipika Kujur

has participated in Workshop for the Non-Teaching Staff on " Communication Skill and Personal Development" organized by the Internal Quality Assurance Cell at St. Xavier's College, Mahuadanr, Latehar, Jharkhand, India, from 15<sup>th</sup> December to 20<sup>th</sup> December 2020.

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**IQAC** Coordinator

